



GROW CONFIDENCE
IN PRIMARY SCHOOL CHILDREN

CONFIDENCE NEWSLETTER

Project number: 2022-1-BG01-KA220-SCH-000087066

"Grow confidence in primary school children"

We are excited to introduce our Erasmus K220-SCH project, "Grow Confidence in Primary School Children," aimed at empowering young students and nurturing their self-confidence. Our vision is to cultivate a positive relationship with oneself among primary school children, enabling them to realize their full potential and thrive in life.



The primary target groups of our project are parents and teachers of primary school children aged 9-14. The recipient group comprises the primary school children themselves.



Project Overview

The project focuses on identifying the causes of low self-esteem in students and implementing activities within schools to eliminate these factors. By strengthening emotional intelligence, confidence, and overall well-being, we aim to equip students with essential skills that will benefit them throughout their lives. Additionally, we will educate teachers to support students in learning from mistakes and overcoming the fear of failure.



Kick off in Sofia, Bulgaria



Co-funded by
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Identified Problem:



Primary school children often struggle with low self-confidence, which hinders their ability to take risks and bounce back from failures. Based on the article "The Importance of Positive Self-esteem for Kids", the lack of confidence in children makes them feel less sure of themselves and their abilities. <http://bitly.ws/nv2f>



Our Solution:



Our project will compile best practices from across the European Union into a comprehensive manual. This manual will be presented during teacher training sessions, empowering educators to incorporate these practices into their classrooms and enhance children's emotional intelligence and confidence. Additionally, we will conduct workshops for parents, providing them with invaluable support and guidance on fostering their children's emotional intelligence. Through peer connections and various socio-emotional strengthening activities, we will encourage positive actions among the children.

"Cultivating confidence in children is like nurturing a seedling – with the right care, it grows into a mighty oak, empowering them to reach for the sky."



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<https://confidence.edukopro.com/>

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