PARTNER ORGANIZATIONS

Empowering pupils through innovative methods to boost self-confidence

ABOUT THE PROJECT

The “Grow Confidence in Primary School Children” project brought together organizations and schools from nine European partners with the aim of developing and applying innovative methods to strengthen the emotional resilience and self-confidence of children aged 6 to 12.
Through a series of workshops, trainings, exchange of best practices, and educational materials, the project contributed to creating a safe, motivating, and inclusive learning environment where children can develop a positive self-image and empathy.



GROW CONFIDENCE
IN PRIMARY SCHOOL CHILDREN

INTERNATIONAL COOPERATION

- Over 150 teachers trained across four countries
- Pilot programs implemented in primary schools
- Developed a Confidence Building Manual
- Local and international workshops held with children
- Strengthened cooperation between schools and families



GROW CONFIDENCE IN PRIMARY SCHOOL CHILDREN

Co-funded by the European Union

PARTICIPANT EXPERIENCES

“Our students now express their emotions more freely. It's amazing how small activities can help them believe in themselves.”

“The workshops were awesome! I learned it’s okay to make mistakes and to try again.”

“This project showed us how important emotional support is in the classroom.”



Co-funded by the European Union



CONCLUSION

The “Grow Confidence in Primary School Children” project has made a lasting impact on educational communities across the participating countries.

Children gained confidence, teachers acquired new tools, and schools became even stronger as spaces of learning and emotional safety.

PARTNER COUNTRIES

- Bulgaria
- Slovenia
- Bosnia and Herzegovina
- Portugal
- Lithuania
- North Macedonia

MAIN ACTIVITIES

- Teacher training on socio-emotional skills development
- Exchange of good practices through international mobilities
- Creation of manuals and digital resources for teachers
- Implementation of methods such as storytelling, group work, and art therapy
- Active involvement of parents and the local community

Project website

https://confidence.edukopro.com/

